LOCAL MEASUREMENT QUICK REFERENCE

① Turn On MX3 Device

② Select **LOCAL**

See reverse for APP mode

③ Insert MX3 Sensor

④ Apply Saliva Sample to Sensor* and Wait for Tone

*Take care NOT to cover the top of sensor with tongue or lip

⑤ Read Result

⑥ Eject Sensor

The Power of a Lab in the Palm of Your Hand | mx3diagnostics.com

APP MEASUREMENT
QUICK REFERENCE

1

For directions on how to turn on device and take samples, see other side.

Select APP

2

Alan Luther
Admin

Current device
MX3 F657 — Change

Edit your profile
Change password, units

Manage Coach/Trainer
Add or update coaches/trainers

About
Version: 1.0-242

Logout

Home | Measurement | Athletes | Historical | Settings
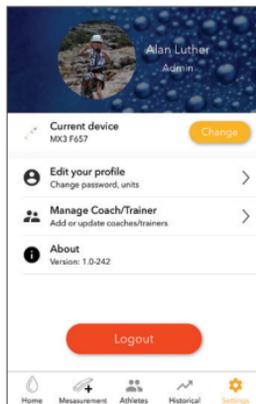
Setting Tab
Connect to
MX3 Device

3

Test Group 1
SELECT ATHLETE FROM THE LIST BELOW OR TYPE IN SEARCH BOX

Type a name …

Alan Luther
Knox Homer — 77
Stan Skafidas — 92
Tommy Jeter — 99
Beau Luther — 8
Mac Carruth — 35
Bo Dayvault — 4

Home | Measurement | Athletes | Historical | Settings
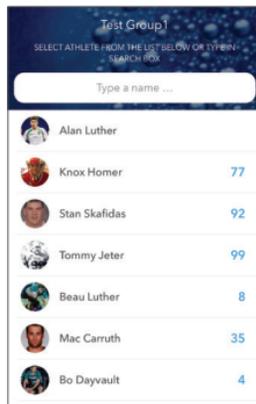
Measurement Tab
Select Athlete

4

Cancel   Measure

Beau Luther — MX3 DB50 Connected

Select App mode on device and click Measure

Measure

Home | Measurement | Athletes | Historical | Settings
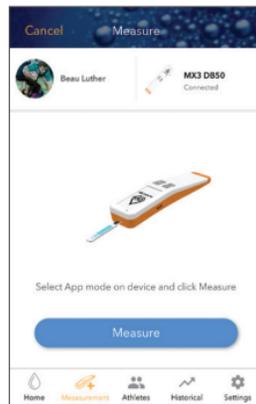
Measurement Tab
Insert MX3 Sensor
Select Measure
Apply Sample

5

Discard   Measurement completed

Bo Dayvault — MX3 DB50 Connected

46 mOsm

Status
Hydrated   Dehydrated

Quick note Pre-exercise Post-exercise Baseline

Add a note

Take another measurement
View athlete
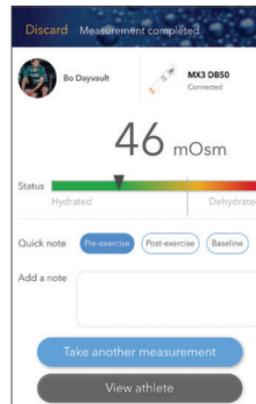
Measurement Tab
Read Result
Eject Sensor

6

#8 Beau Luther
Height   6'04
Weight   221 lb
Position Forward

200
100
0

LAST 15 MEASUREMENTS

May 2018

Hydrated
May 30 2018 22:47 PM — 042 mOsm

Hydrated
May 30 2018 22:45 PM — 043 mOsm

Home | Measurement | Athletes | Historical | Settings
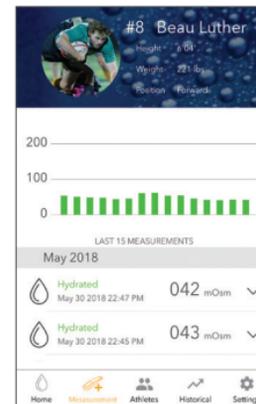
Athletes Tab
Read Personal
History