

Why measure hydration?



Avoid heat strain

identify dehydration to prevent incidents & down time



Promote productivity

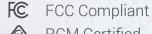
by preventing dehydration induced physical & mental fatigue



FDA Registered



C € CE Certified



RCM Certified



Prevent injuries

by avoiding poor judgement & slowed reaction time

Hydration results in seconds

Take Saliva Measurement

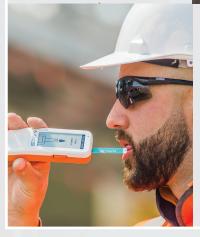




Take Action: Rest / Hydrate







View Results **Immediately**



View Reports & Analytics

Prevent Heat-related Injuries

Employers MUST monitor the health & safety of workers when work involves repeated or prolonged exposure to heat.



- Safe Work Australia Code of Practice -



Hydration Testing System

Each kit includes:

- MX3 LAB
- Test Strip Dispenser
- 120 Test Strips
- MX3 Software
- Simple hydration scale

hydrated	≤ 65 m0sm	
mildly dehydrated	66 - 100 m0sm	
moderately dehydrated	101 - 150 m0sm	
severely dehydrated	≥ 151 m0sm	

Hydration categories are not intended to be used as medical advice.

- The final EXT.

 The final EXT.
- low-cost disposable test strips
 \$0.68 per test, discount available for bulk order
- Portable, immediate results assess hydration anytime, anywhere
- Convenient & reliable

	Convenience	Non- invasiveness	Accuracy
MX3	****	****	****
Bodyweight	***	***	****
USG (first void)	*	**	**
USG (spot)	**	**	*
Urine Colour	***	**	*

"We, as a company, can act immediately to prevent what could start out as an offsider just needing a rest and a drink of water into a potentially fatal situation or worse"

- Topdrill



"Removing the hygiene risks and paperwork / data-entry requirements has really improved the frequency of testing and buy-in from team members. The excellent and quick support from MX3 has been fantastic!"

- BHP Geoscience